



Small Miracles Weekly Menu 1

All Juice selections are 100% fruit juice / all heat & server items qualify for child nutrition standards (CN labels)

	<u>Breakfast / Lunch</u>	<u>Snacks</u>
Monday	Milk & Water / Cereal / Fruit beenie weenies green beans / mixed fruit bread Milk & Water	A.M. Graham Crackers Fruit & Water P.M. Ritz Crackers & Peanut Butter Fruit & Water
Tuesday	Milk & Water / Waffles / Fruit spanish rice w/meat Mixed vegetables / pineapples Milk & Water Tortillas	A.M. Pretzels Fruit & Water P.M. Granola Bars Fruit & Water
Wednesday	Milk & Water / Cereal / Fruit Corn Sausage Casserole peas / pineapples Milk & Water bread	A.M. Wheat thins Fruit & Water P.M. Cereal Bars & Low Fat Yogurt Fruit & Water
Thursday	Milk & Water / Waffles / Fruit Ham Sandwiches pickles/ carrots apples Milk & Water	A.M. Animal Crackers Fruit & Water P.M. Ritz Crackers & chz slices Fruit & Water
Friday	Milk & Water / Cereal / Fruit Hot Dogs carrots / pineapples Milk & Water	A.M. Cheese Crackers Fruit & Water P.M. Vanilla Wafers Fruit & Water